

### The Heart of the Matter

12. In light of your own struggle with sin, how do you feel about Paul's admission with his struggle?

13. How does Paul's example give us a healthy understanding about ourselves and our own struggle with sin?

14. Based on this passage what sins do you need to take responsibility for in your life? Who is the one that you need to turn to for help with all that you're struggling with?

15. What moral struggle do you need to give to the Lord right now? Is there anyone around who is struggling with sin who desperately needs help with their own struggle? How could you come alongside them?

Praises and Prayer Requests:



## Life Group Study Guide

### The Grace of His Deliverance Romans 7:14-25 For the Week of January 12, 2020

#### Getting Started

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling?

2. When you were a teenager what were some of your biggest struggles?

3. How would you describe a time when you were in trouble and someone came to your rescue?

### **Digging Deeper**

4. In verse 14 what does Paul mean when he says that the law is “spiritual”. How does he contrast the law of God with himself later in the verse? On what does Paul base his assessment?

5. Based on verses 15-16 what would be some things that we don’t understand about what God requires? What would be examples of things that we hate to do but we still do them?

6. Is the struggle that Paul describes in verse 18 and following a universal struggle or just for some people?

7. What often keeps us from carrying out the “good” things we should be doing? Can we simply make improvements on our own? What kind of help do we need?

8. What is Paul trying to convey in verses 17 and 20? What is ultimately bringing about moral failure in our lives?

9. When have you come to the place where you cried out to God like Paul in verse 24? In what ways did God help you?

10. Why do you think God’s law was given in the first place: (a) Means to follow in order to be saved? (b) Guide to follow once we are saved by grace? (c) Stumbling block, impossible to follow, which only points the sinner to God’s grace through Christ? How do verses 10, 12, and 22 support your answer?

11. How does Jesus ultimately rescue and deliver us from the clutches of sin, guilt, and shame? What is so important about all of this?