

The Heart of the Matter

12. When was the last time you did not know how to pray?
How did the Holy Spirit help you?

13. What should you do when you just don't feel like praying any more?

14. What do you need God's help with today? After this study what confidence do you now have as you seek the Lord in prayer?

15. Who do you know that could use help from you in how you minister and pray for them?

Praises and Prayer Requests:



Life Group Study Guide

The Grace of Prayer Romans 8:26-27 For the Week of February 9, 2020

Getting Started

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling?
2. When in your life have you felt the most vulnerable or weak? Who came to your rescue?
3. Who do you know that has a really healthy prayer life? How would you describe their approach to prayer? What is the most inspiring about them?

Digging Deeper

4. In Romans 8:18-25 what is Paul's main concern? What did Jesus groan about when he was on earth (See Mark 7:34 and John 11:33)? How is this discussion the perfect set up for what follows in verses 26-27?

5. From verse 26, how would you describe the kind of weakness Paul is talking about? Is it physical weakness? Spiritual? Emotional? Intellectual?

6. What does the Holy Spirit do for us when we do not know how to pray? Why would Paul use the word "groaning" to describe the Holy Spirit's work in our prayers?

7. In verse 26, what does it mean that the Holy Spirit "intercedes" for us? Why is this so necessary for us? How is this truth so comforting for us?

8. From verse 27, what are the implications of how the Holy Spirit specifically works in our lives?

9. What does it mean that the Holy Spirit "intercedes for the saints in accordance with God's will?" What would be our situation if the Holy Spirit would not work in this way?

10. How are these two passages such a great encouragement to all those who believe? In what ways?

11. From this passage what is the difference between the hope of a Christian and just wishful thinking? How should this affect our prayer life?