

The Heart of the Matter

12. Just like Israel was under attack from foreign enemies, how has the church been under attack over the last few decades? In what ways have you been under spiritual attack in your own life recently?

13. Could verses 2-3 and 5-6 portray any crisis in your life? How did you respond to the crisis?

14. What comfort do you have in knowing that Jesus is Lord over your life? Where do you need His special protection right now?

15. In the midst of all that you are going through, in what ways do you need to be still before God right now?

Praises and Prayer Requests:



Life Group Study Guide

God Is Our Fortress

Psalm 46:1-11

For the Week of September 20, 2020

Getting Started

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling?
2. What kind of forts did you build with your friends when you were a kid?
3. What was the most interesting, extensive, or impressive military fortress or castle that you have ever seen? What made it so interesting to you?

Digging Deeper

4. How does the author introduce this Psalm in verse 1? What are the main words in this verse and what does each word mean?

5. Biblical writers often used apocalyptic pictures to describe a national crisis. What might be happening to Israel here in verses 2, 3, and 6?

6. What are the main encouragements in verse 2, 7, 10, and 11?

7. From verses 4-5, why does the writer feel Israel is immune to disaster? What eventually happened to Israel and why?

8. From this Psalm what phrases describe God's sovereignty? What phrases describe our responsibility?

9. In verse 10, what does it mean for us to "be still?" What steps do we need to take to actually "be still" before God?

10. What seven phrases throughout this Psalm describe God? Which of these phrases have you seen demonstrated in your own life?

11. How exactly is God like a fortress to us? How is this theme such an important and encouraging motif for us throughout this Psalm?