

## **A YEARNING FOR GOD PSALM 42-43**

Life is filled with pain and heartache.

The Psalms speak to us today:

- \*Express the experiences of life
- \*Meet the needs of our hearts
- \*Teach us how to deal with problems
- \*Emphasize trusting in the Lord

The five books of Psalms are similar to the first five books of the Old Testament:

Book 1: Psalms 1-41 Like Genesis: introduction to human life and the needs of the human heart.

Book 2: Psalms 42-72 Like Exodus: the story of God's deliverance of His people.

Book 3: Psalms 73-89 Like Leviticus: drawing near to God in worship.

Book 4: Like Numbers: wilderness wanderings, testing and failure.

Book 5: Like Deuteronomy: God accomplishes the redemption and sanctification of His people.

### **Stanza #1: Deeply Long for God in spite of Inner Turmoil Psalm 42:1-5**

We all experience despair and tension.

We face our turmoil by yearning for God V 1-4.

Refrain: "Hope in God; for I shall again praise him, my salvation and my God" V 5.

### **Stanza #2: Cry Out to God When Feeling Overwhelmed Psalm 42:6-11.**

In desperate times, remember:

- You're being tested V 6
- Observe nature V 7
- God's loyal love V 8-9
- Enemies' taunts V 10

Refrain: "Hope in God; for I shall again praise him, my salvation and my God" V 11.

### **Stanza #3: Exalt God in Anticipation of Joyful Worship of Him Psalm 43:1-5.**

God is our defender and refuge V 1-2.

God guides us so we will worship Him V 3-4.

Refrain: "Hope in God; for I shall again praise him, my salvation and my God" V 5.

**In deep despair, seek the Lord and His Word to bring healing to our hearts.**