

# A Life of Praise – A YEARNING FOR GOD

## Sunday. 3/27/2022

Scripture: Psalm 42-43

Pastor Paul Jordan

### Overview

Paul brought out the idea that life is hard. We experience pain and our hearts are often troubled. The Psalms express the experiences of life, teach us, and point us to the Lord.

Paul taught on the five books that make up the Psalms and how these divisions reflect the first five books of the Bible. Knowing this helps us to glean context to what the Psalm is speaking to.

*“In deep despair, seek the Lord and His Word to bring healing to our hearts.”*

### Corroborating Texts

John 7:37,

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**Gather** – Pain and hurts are very personal, the temptation is to continually be inwardly focused. As the author of the Psalm pours out his soul he remembers (in v4) of praising with the multitude of people on their way to the house of the Lord

When we are cast down and in tears why do we turn inward, what in itself does that reveal? Why is it hard to turn to Christ of his body (the church) in hard times?

In times of trouble how can we come along side a brother or sister in Christ?

**Grow** – In v42:11, the author asks his soul a question “why are you cast down and why are you in turmoil within me?” His answer is “hope in God,” and he highlights that God is his salvation. “Hope in God” is a simple command but may be difficult to apply when times are Hard.

What about God are we to think about when we hope? In turn, what about ourselves should we remember when we hope in God? (*Eph 2:1, Romans 6:11*)

**Practice** – In Psalm 42 and 43 we see the authors going to the house of the Lord or the altar of the Lord. This is done in praise and with Joy. Again, the command to us is to Hope in the Lord.

Where are common places we look to in times of trouble?

As we see to hope in the Lord in times of trouble, how can we place Him first and not place our hope in ourself, others, or things of this world?

**Go** – In times of trouble there is pain and discouragement but there can also be shame and embarrassment. Praising God and Hoping in Him can be a strong testimony for the Lord and can bring him Glory.

How can honesty and openness about our life build relationships in the body and bring Glory to God in the community?

