

Confession Sunday: 12/31/2023 – Michael Greenwood – Psalm 32

“You do not need to be a king to become your own echo chamber.”

Overview

This week we examined Psalm 32. This teaching psalm of David expressed his avoidance of dealing with his sin and his complete silence before God. David’s approach to his sin revealed a small view of God and a large view of self. This self-reliance led to a heaviness and depressed state. We saw how David arrived in this poor state through the context of 2nd Samuel 11. After bearing the weight of his sin David confessed and the heaviness was lifted. He was forgiven and his sins were covered by God. David understood that his sin was against the Lord and deserved judgement. We learned that confession is an act of faith and our Father God is faithful to forgive. It is in this forgiveness that we can experience all that God has for us and we learn from him and rest in his finished work.

Outline

To Experience all that God has for you, you must understand and confess your sin.

1. Our unconfessed sin reveals a small view of God and high view of self.
2. To truly confess sin, we must understand sin.
3. God not only is Faithful to Forgive he will also teach us and become our rest.

Corroborating Texts

Psalm 139:23-24, 1 John 1:8-9, James 5:13-16, 2 Samuel 11&12, Psalm 51, Acts 13:22, Romans 10:9-11, Philippians 2:8-11, Matthew 11:28-30

Discussion Questions

1. Mike called us to think back to childhood, to a time when you had broken something and eventually had to confess.
 - a. Can you describe a time you had to confess? How did you feel before/after?
 - b. Can you think of a time when you received grace at a confession?
2. The passage contrasts the heavy hand of God to a love that surrounds the believer. In what ways does unconfessed sin limit your growth in godliness? Why do we keep silent?
3. Mike quoted Jesus’ words in Matthew 11:28-30. What did Jesus mean about an easy yoke and a light burden? What does it mean to rest in Christ?
4. Confession was presented as a regular part of the everyday life of a believer. What sins do you need to confess to God in prayer? What steps of faith will you take to walk in obedience to God?
5. Was there anything else that stuck out in the sermon?