

## WEEKLY GROUP GUIDE



**Scripture:** Ephesians 6:14–20



**Week of:** August 4, 2025



**Message Title:** Stand Firm in the Armor of God



**Speaker:** Pastor Lenard Tavernelli

### **1. ICEBREAKER (5–10 MINS)**

Share about a time you were unprepared for a big moment (a game, presentation, conflict, etc.)? How did it affect your confidence?

### **2. READ TOGETHER**

Read **Ephesians 6:14–20** aloud as a group.

Ask: “What stands out to you about Paul’s description of the Christian life and spiritual battle?”

### **3. GROUP DISCUSSION (30–40 MINS)**

**DISCUSSION QUESTIONS:** *You don’t need to go through all the questions with the group. Choose the most relevant ones.*

1. Paul calls us to stand firm wearing the full armor of God. Which piece of the armor stood out to you most, and why does that piece feel especially relevant in your life right now?
2. The sermon emphasized that we are guarded not by our own truthfulness or righteousness, but by Jesus Himself. How does this change the way you view spiritual strength and security?
3. How does the image of having "readiness given by the gospel of peace" on your feet impact the way you think about daily life and spiritual readiness?
4. How does the *shield of faith* protect us from Satan’s attacks (v.16)? What are some recent “flaming darts” you’ve

experienced—lies, accusations, temptations—and how have you fought them?

5. The sermon noted that the “sword of the Spirit” likely refers to the gospel. How has God’s Word helped you resist temptation or discouragement recently?
6. What does it look like to pray “at all times in the Spirit” as Paul describes? Share a time when prayer helped you persevere in a difficult situation.
7. Pastor Lenard used a story of Roland delaying to blow his horn. How does this illustrate our failure to pray or ask for help? How can we become more dependent on prayer as a group?
8. Paul asks for prayer that he would boldly proclaim the gospel. How can our church, and your group specifically, grow in praying for and supporting gospel proclamation—locally and globally?
9. How does knowing that we are clothed in Christ’s armor and not our own works help you live with freedom, confidence, and boldness in your faith?
10. Reflecting on the entire book of Ephesians, how has your understanding of your union with Christ and your role in the Church grown? How do you want to walk differently because of it?

#### **4. PRAYER (10–15 MINS)**

Encourage the group to pray honestly and boldly.

***Prompt:***

**Pray for each other to put on the full armor of God daily. Ask God to deepen your trust in His truth, righteousness, peace, salvation, and word. Pray that your group would grow in prayer and live on mission—proclaiming Jesus and maturing in faith.**