

WEEKLY GROUP GUIDE



Scripture: Lamentations 2: 1–22



Week of: October 27, 2025



Message Title: Lamenting When We've Sinned



Speaker: Ps. Lenard Tavernelli

1. ICEBREAKER (5–10 MINS)

Reflect on a time when the consequences of your own choices hit hard. What did you feel toward God in that moment—distance, fear, or a surprising nearness? What helped you turn back to Him?

2. READ TOGETHER

Have someone from your group read aloud Lamentations 2 :1–22.

Ask: What lines or images grieve you most? Where do you hear the prophet moving from shock to prayer?

3. GROUP DISCUSSION (30–40 MINS)

DISCUSSION QUESTIONS: *(Use the most helpful questions for your group.)*

1. In Lamentations 2:1-10, God's wrath "swallowed up without mercy." When you read such verses, where do you find yourself resisting—perhaps minimizing sin or softening God's holiness? What might that reveal about how you view Him?
2. The sermon reminded us that "*our sin brings suffering, yet God remains faithful to His word.*" When you face the consequences of your own choices, what story do you start to believe about God—and how does this chapter correct that story?
3. In verse 13 the prophet asks, "*Who can heal you?*" Where are you currently seeking relief or restoration apart from God? What would it look like this week to return to the only One who can truly heal?

4. The prophet's stomach "churns" and his "eyes are spent with weeping" (vv. 11-12). Where have you become numb instead of grieving? How might you bring honest emotion to God rather than keeping a safe distance?
5. Verse 14 warns that false prophets cry "*Peace, peace,*" when there is no peace. How do you sometimes speak false peace to yourself—downplaying conviction or hiding behind "I'm fine"? What would a truer prayer sound like instead?
6. In verses 18-19, the people are told to "*pour out [their] hearts like water before the Lord.*" When you realize sin or pain in your life, do you tend to hide, hurry, or honestly pour it out? What helps you turn back toward God instead of away?
7. Ps Lenard reminded us that God is faithful "both to judge and to save." When life feels heavy or confusing, which truth of God's character—His love, justice, mercy, or faithfulness—do you most need to trust right now?
8. The sermon described lament as "*not a dead-end street but the way into God's presence.*" Where might God be inviting you to repair what's broken—a relationship, a habit, or a trust—and take a step of obedience this week?
9. How does this passage challenge you to live out **Bethel's mission**—to *proclaim the truth of Jesus and grow mature disciples for the glory of God*—even in lament? How can honest repentance and reliance on God's mercy become a witness that points others to His healing grace?
10. Which of Bethel's **core values**—Worship, Fellowship, Service, Evangelism, Bible Knowledge, Prayer, Giving, or Missions—is God pressing on your heart through this chapter? How could you practice that value more faithfully this week?

4. Prayer (10–15 mins)

Foster a spirit of humble confidence in God's promises.

Prompt:

Thank God that He welcomes our laments and that, in Christ, there is an Advocate who brings us near. Confess where we have minimized sin, sought false peace, or resisted returning to Him. Ask the Spirit to teach us to *turn, complain, ask, and trust*—guarding us from despair and moving us toward honest repentance and hopeful appeal. Intercede for one another by name—for fresh courage to come into the light, for healing where consequences still ache, and for grace to appeal to God's love, justice, and promises this week.